

Have fun after COVID
MENS WALKING FOOTBALL
coming to you soon

Girvan FC Community Walking Football are looking to restart walking football sessions at Hamilton Park Girvan.

Girvan already holds twice weekly sessions on Tuesdays and Thursdays for men which has been highly successful.

After the constraints we have all been through what better way to get back to normality than by having fun, meeting people safely and improving health and well being by having a try at walking football.

People have found walking football to be:

- great fun
- a tremendous way of meeting people
- a fun way of gently getting fitter and improving well being

So if you think you would be interested and would like to register your interest or would like more information contact John Logan by email on john.ross.logan@gmail.com and / or visit Girvan FC's facebook page for news and updates on when we will restart the walking football sessions.