



## Hearing & Sight Loss Hints & Tips Videos

SISG Charity have produced a number of short video clips to help Older People who struggle with Hearing and/or Sight Loss

FREE to download from our website – [www.sisg.co.uk](http://www.sisg.co.uk)  
OR e-mail [denise@sisg.co.uk](mailto:denise@sisg.co.uk) and we will e-mail you the videos

- How to Clean Your Hearing Aid
- How to Change Your Hearing Aid Battery
- How to Re-Tube Your Hearing Aid
- Sight Loss Hints & Tips
- Good Communication Tips – Hearing Loss
- Stress Management Tips
- Lipreading Practice Videos

For more information please call 01292 266791 or e-mail [denise@sisg.co.uk](mailto:denise@sisg.co.uk) or write to Suite 5 Beresford Court, Beresford Lane, Ayr, KA7 2DW, [www.sisg.co.uk](http://www.sisg.co.uk)